



1. **JAMMU & KASHMIR**  
Srinagar, Kolohoi Glacier & Kishtwar area
2. **JAMMU & KASHMIR**  
Kargil, Zaskar & Nun-Kun area
3. **JAMMU & KASHMIR**  
Nubra Valley, Leh & Zaskar area
4. **HIMACHAL PRADESH**  
Chamba, Dhauladhar Passes, Pangi Valley & Western Lahul
5. **HIMACHAL PRADESH**  
Kulu Valley, Parbati Valley & Central Lahaul
6. **HIMACHAL PRADESH**  
Kalpa, Kinnaur & Spiti area
7. **GARHWAL (U.P. Himalaya)**  
Gangotri, Har Ki Dun & Mussourie area
8. **KUMAON (U.P. Himalaya)**  
Pindari Glacier, Badrinath & Nanda Devi area

**JAMMU AND KASHMIR**

1. Srinagar, Pahalgam, Kishtwar

2. Kargil, Lamayuru, Padam

3. LEH

**HIMACHAL PRADESH**

4. Tisa, Chamba, Bharmaur, Dalhousie, Dharmsala, Kangra

5. Kyelang, Manali, Kulu, Kaja

**U. P. HIMALAYA**

( GARHWAL ) ( KUMAON )

6. Kalpa, Kinnaur, Spiti

7. Gangotri, Har Ki Dun, Mussourie

8. Badrinath, Karnaprayag, Rishikesh, Uttarkashi

PAKISTAN

AMRITSAR

JALLANDHAR

PUNJAB

HARYANA

DEHRADUN

SHIMLA

Kalka

Mandi

CHANDIGARH

AMBALA

DEHRADUN

Gangotri

Uttarkashi

Rishikesh

Badrinath

Karnaprayag